

Opera North Relaxed Performances Social Story

A visual guide to attending an Opera North Relaxed
Performance at Leeds Grand Theatre

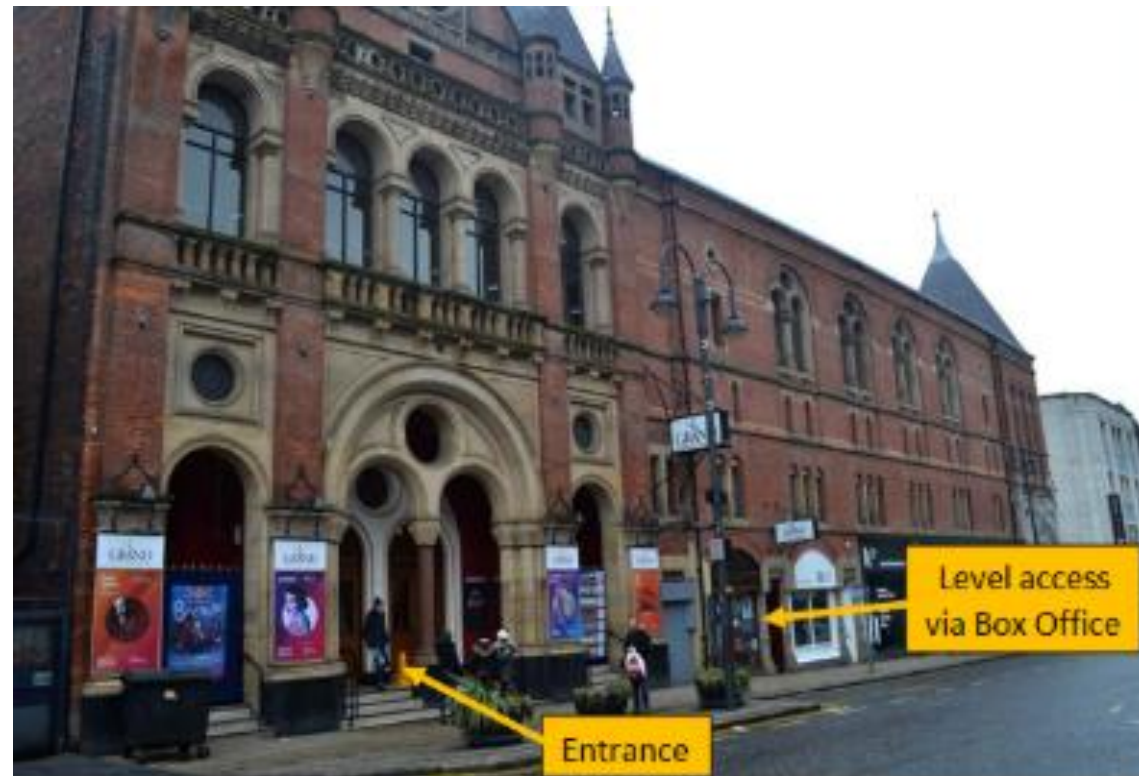
**opera
north**

I am going to Leeds Grand Theatre to watch an Opera North Relaxed Performance.



opera
north

I will enter the theatre through the main entrance.



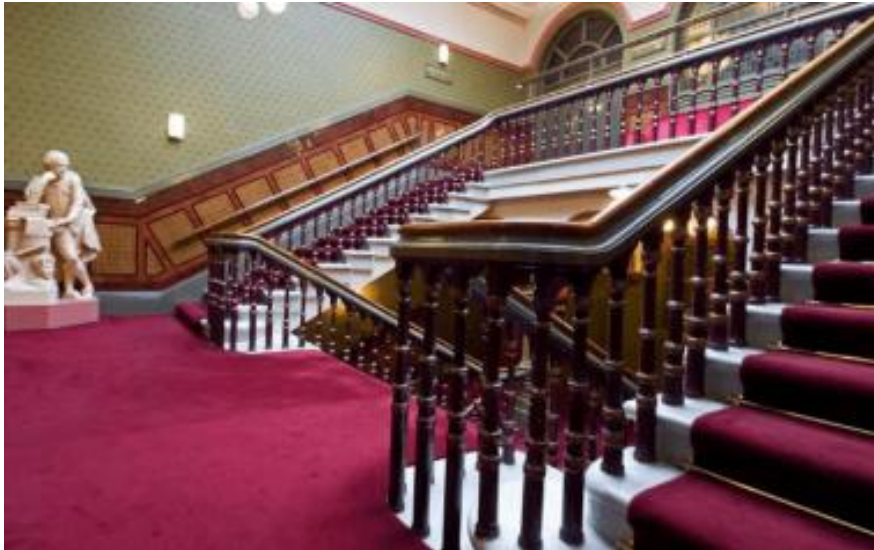
A member of staff will scan my ticket to let me in.

They might ask to check my bag too. This keeps everyone safe.



I will have to use stairs or a lift to get to my seat.

Staff will help me get there.



There will be lots of people seeing the show.

It might feel busy.



Staff and volunteers will be there to help me.

They will be wearing t-shirts with a logo on them.



I can bring some food or drink with me.



I can't bring any nuts in with me.

This is because some people are allergic.



I can buy drinks and sweets on each level if I want to.



Leeds Grand Theatre Stalls bar staff. Credit Chris Cootes

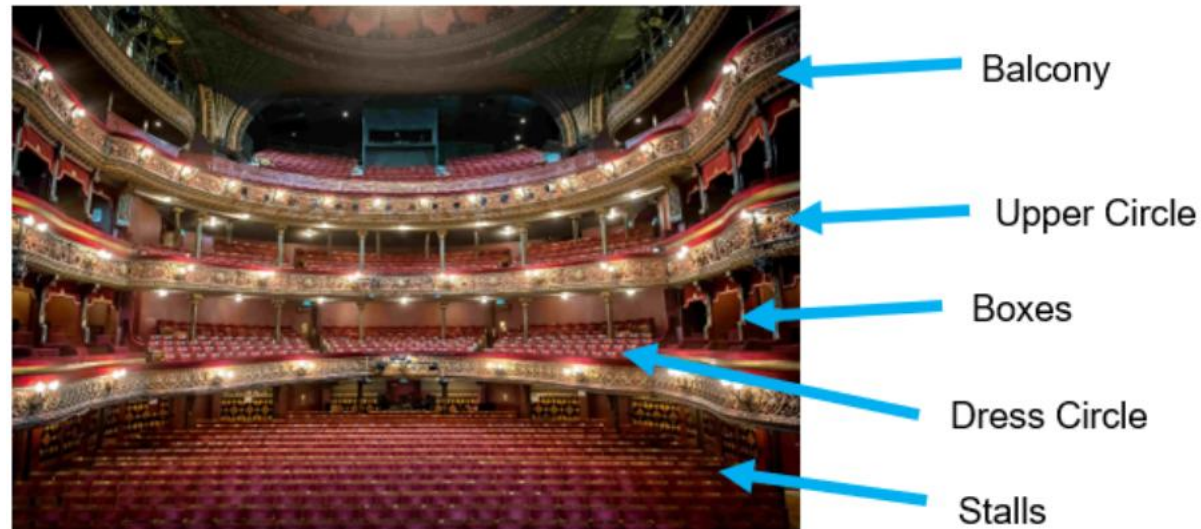
If I need the toilet, I can follow a sign or ask someone for help.



My ticket will have tell me where in the theatre my seat is.

Stalls is the Ground Floor. Dress Circle is the First Floor.

There will be signs to help me get there.



When I get to the right level, staff will tell me which door to enter the auditorium from.



I will find my seat by looking at the Row Letter and Seat Number on my ticket.



This is the seating level

This is the Row letter and
Seat Number

This tells you which door to come
through

Before the show starts, an actor will come on stage. They will tell me which character they are playing in the show.

They will tell everyone what to expect.



Then the show will start.

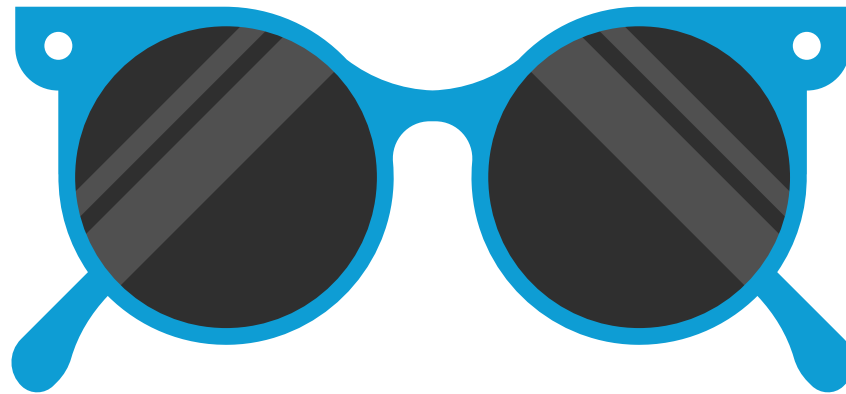
This is a Relaxed Performance so I can make noise and move around if I want to.



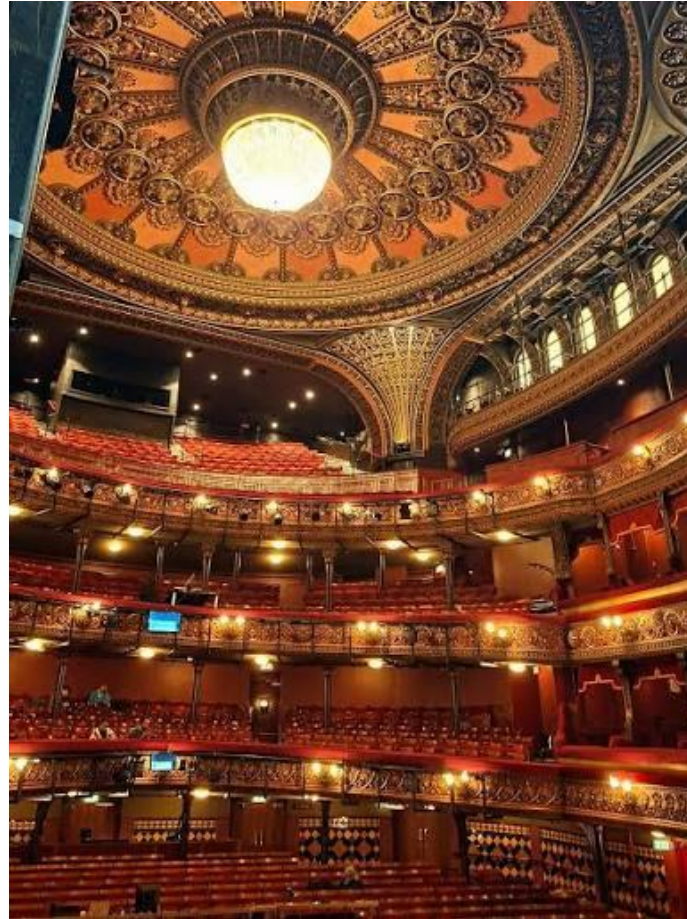
If the performance is too loud, I can cover my ears or wear my ear defenders.



If the performance is too bright, I can
wear sunglasses.



I will be able to see where I am in the auditorium because the lights will be on.



If I feel uncomfortable during the performance
I can ask staff to take me to a quiet space.

**QUIET SPACE:
THE WILSON
BARRETT BAR
(STALLS LEVEL)**

The quiet space will have fidget toys and ear plugs and blankets.



There is an interval during the show.

This is when the show stops for 30 minutes.

I can go to the toilet or buy some food and drink.



At the end of the interval, someone will ring a bell.

This means it is time to go back to my seat.

The show will start again.



Someone will remind me what I have seen so far and tell me what's about to happen.



If there is an emergency when I am in the theatre, I need to follow these signs:



At the end of the show someone people will clap
and cheer.

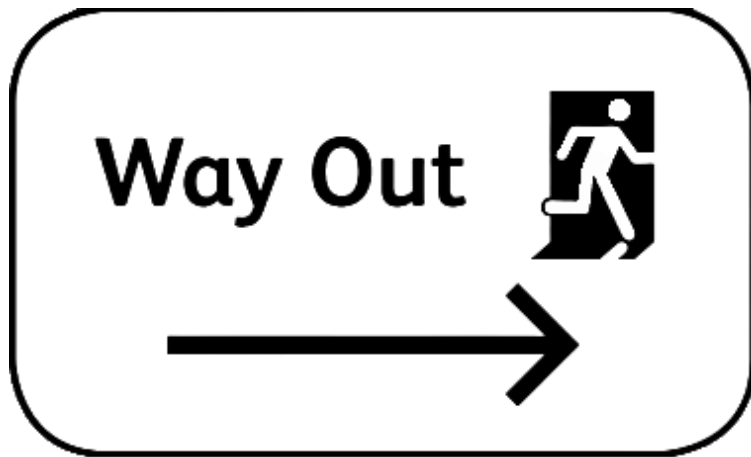
This tells the actors they liked the show.

I can clap and cheer if I want to.



After the show I will go back out the theatre
the way I came in.

Staff will help me find my way.



Thank you for coming to an
Opera North Relaxed Performance
at Leeds Grand Theatre!

